

VFW Auxiliary Membership Moment

How to Treat People with Respect

UNWAVERING SUPPORT



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The key to treating people with respect is to treat them as you would like to be treated – also commonly known as the Golden Rule. When dealing with difficult members in your local Auxiliary, seek to understand the root of their problems toward you. Then, you will be able to rise above the situation, and treat them well.

Here are several tips for treating members with respect within your Auxiliary:

1. Practice self-respect.

Because you want to respect others as you would hope to be respected, it is incredibly important that you extend to yourself the same respect and courtesy that you would extend to another person. If someone says something cruel or demeaning, speak up. Tell them what you found to be disrespectful and why.

2. Really listen.

A lot of people don't listen very well, because they're distracted, checking their phone, or thinking about the next thing that they are going to say. Learn to *really* listen when other people speak.

3. Treat other people's ideas with due consideration.

This means listening to another person's ideas, opinions, and advice with an open mind. Even if you don't necessarily agree with them, give them the benefit of thinking about what they have said.

4. Be mindful of your words.

Words are *very* powerful and they can be incredibly disrespectful if used improperly. Think carefully about what you're going to say, and to whom, otherwise you might hurt someone.

5. Cultivate good manners.

This is as simple as saying "thank you" and "please" when you're requesting something from another person. It shows that you respect the time and effort that it will take for them to help you, and it will allow them to feel respected.