



Adopt-a-Unit: How to Find a Unit

If you are you interested in supporting the troops through the VFW's Adopt-a-Unit (AAU) program but aren't sure how to find a unit, below are references others have found helpful in finding local military units.

- Before submitting AAU paperwork to VFW National HQ or sending care packages to a unit:
 - Get permission from the unit's Commanding officer or Senior NCO
 - Review the information in the Application.
- The VFW doesn't provide the names and/or addresses of military units or service members.

===== Resources =====

- Your Post/Auxiliary members are a great source of military contacts - ask if anyone in the Post/Auxiliary has a friend or relative currently serving in the military.
- Check within your local community to see if anyone has a friend or relative currently serving in the military, such as: workplace, schools, churches, clubs etc.
- Check with your VFW Auxiliary Department Chairman, they are an important link between our HQ's; the military and the Posts/Auxiliaries.
- The Department of Defense issues a weekly listing of all National Guard and Reserves that have been activated. Click on the link below to find the most recent list and look up cities/towns in your area. Once you've found a unit, look in the local telephone book for a National Guard Armory or a Reserve Center to make contact. <http://www.defense.gov/releases/>
- Active Military Bases/Installations: Click on the link below to find out if there is a base in your area and click on the base name. From the bases' webpage, look for the "Directory" and look for the "Public Affairs" office. <http://mybaseguide.com/>

For help in finding upcoming National Guard & Reserve events:

- Joint Services Support is a website that provides a variety of information for the National Guard, Reserves and their families. For upcoming briefings and other Guard & Reserve events, click on the link below and then click on the "events" tab. <http://www.jointservicesupport.org/>

~ If you need further assistance, please contact the MAP office at: map@vfw.org or call 816-756-3390, ext 262.